



COVID-19 Guidelines for Stepping Star Gymnastics Classes

We will be following the requirements necessary based on NYS and CDC guidelines. These policies will be updated as necessary and are subject to change.

Drop off/Pick up:

- Staff will be completing a health screening assessment questionnaire daily.
- Staff, children or anyone entering the building must pass a temperature check. Anyone with a recorded temperature of 100.4 or higher, will not be permitted to enter the building or program that day. Fever must be gone for over 48 hours before entry back into the facility is allowed.
- It is suggested that parents/guardians do not enter the building. Parent/guardians are asked to wear masks and maintain appropriate social distancing from staff at drop-off and pick-up. If your child is uncomfortable with the drop off procedures, you are welcome to stay for a few minutes while your child settles in. If you would like to stay with your child for the duration of the class, we ask that only one parent per student stay.
- The doors in the center of the building will be used for entering/checking in and the side doors will now be used for exiting only. We will be using the side doors for check out/pick up.
- Your child's instructor will check in students and stay with them the entire class time.

Physical Distancing:

- Coaching staff will wear masks or facial coverings unless deemed a hazard during spotting.
- Please send your child with a mask to be worn entering and leaving the building and between rotations. During event rotations your child will not be required to wear a mask but please send them with a plastic bag with their name on it to be placed in when not in use. For the safety of the students, face masks cannot be worn during gymnastics activities.
- Training areas and on deck waiting stations have been spaced 6 ft apart.
- Hallways, bathrooms, and stair wells have all been marked with social distancing decals.
- Large group activities and gatherings have been eliminated.
- Group sizes, rotation schedule, and traffic flow throughout the school have all been modified to meet CDC & NYS guidelines.

Hygiene, Cleaning, and Disinfection:

- Staff and students will wash hands/sanitize after every rotation, and after trips to the bathroom.
- Several hand sanitizing stations have been set up throughout the school.
- We will conduct regular cleaning and disinfection and more frequent cleaning and disinfection of shared objects and surfaces, as well as high transit areas, restrooms, common areas, and equipment.
- Students will need to bring a water bottle. Drinking fountains will be used for refilling water bottles only.
- Students will not be allowed to share any personal items including food, snacks, drinks, etc.
- When possible, equipment will be properly sanitized after each class and/or each rotation.
- Cleaning logs are filled out by staff daily to ensure all areas are covered.
- All staff will go through new cleaning/disinfecting training before opening the center.